

Cardiomyopathy Change Maker Role Description

What is this opportunity about?

Have you or a loved one been affected by cardiomyopathy? Are you looking for an opportunity to develop new skills and use your experiences to help others? As a Change Maker you will be working with the NHS, alongside clinicians, commissioners, professional organisations and more, to make a real and lasting difference to the lives of people affected by cardiomyopathy.

What will I be doing?

This is an exciting new role for the charity, which we are still developing and which we envisage may evolve with time. This role is perfect for someone looking for a long-term, varied and flexible volunteer role. You will...

- Work with us over 3 years, attending meetings roughly once a month for an hour, along with email consultations.
- Join a group of volunteers and use your voice to help shape and influence the commissioning and delivery of UK wide and local cardiomyopathy health services.
- Prepare for and attend meetings with other volunteers, clinicians and members of the charity to influence change to cardiomyopathy services, implementing our [Change Agenda](#).
- Learn new skills and put existing ones to use whilst hearing different perspectives from other people affected by cardiomyopathy.
- Provide feedback to help us improve and develop the way that we work.

What skills do I need?

We are looking for people with:

- Experience of cardiomyopathy, myocarditis and other conditions that can affect the heart muscle, either personally or through a family member or close friend.
- A keen interest to help others by sharing experience and insight to influence change.
- Good communication skills, the ability to give constructive feedback and respect the opinions of others.
- An open mind to explore new and challenging ideas.
- A professional and diplomatic manner, who are comfortable working with clinicians and other external stakeholders.
- *(not essential)* A broad understanding of current policies and issues within cardiomyopathy health services.

What support will I be given?

We want to support you in the role as best we can. Therefore, you will:

- Receive online training on the project, what has happened to date, NHS structures and influencing techniques, to ensure you are ready to enter the field.

- Be given a key contact who will give ongoing support and information to help you in your role. They will be able to answer any questions you may have before, during and following meetings.
- Receive reasonable out-of-pocket expenses, that will be reimbursed in line with the charity's expenses policy.

What do I get in return?

- You will be able to share your passion for improving the lives of people with cardiomyopathy and other heart muscle conditions, with people who have the power to make a difference.
- A chance to develop a wide range of skills and knowledge.
- Potentially gain new experiences, such as working closely with and influencing key decision makers within the NHS and policy makers.
- An opportunity to meet like-minded people from different walks of life.

Equal Opportunities:

Cardiomyopathy UK is committed to supporting and involving people from all backgrounds, ethnicities and age groups in our work. In this role you will need to work with and represent the views of a diverse group of people. We particularly welcome and encourage applications from Black, Asian and minority ethnic (BAME) groups.

I'm interested, how do I apply?

This is a new volunteering role, so feel free to email Natalia (Natalia.bartolome-diez@cardiomyopathy.org), to chat through any questions you may have, or about the wider project.

To apply, either download the application form from our website, or email Natalia (Natalia.bartolome-diez@cardiomyopathy.org) to have it emailed or posted to you.

What happens next?

As the Cardiomyopathy Change Makers will be working alongside key decision makers and will have an important and significant role in changing healthcare services, we will hold informal telephone interviews to ensure we find the right people for the role.